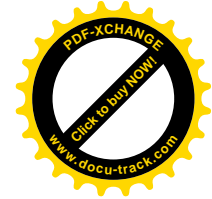
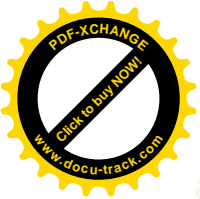


Good Morning and Welcome
to
Investing for Health
Healthier Choices Community of Interest
for
North and West Belfast

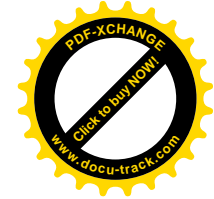
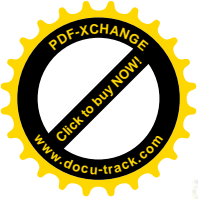
Mimi McAlinden, Investing for Health Manager

E-mail: MimiMcAlinden@nwb.n-i.nhs.uk



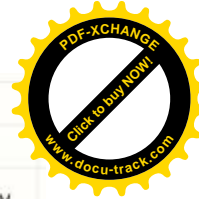
Healthier Choices Community of Interest North and West Belfast
NICVA
Programme 23 March 2006

- | | | |
|-------|--|---|
| 9.15 | Registration | |
| 9.30 | Introduction, Welcome | |
| 9.40 | Sexual Health,
North and West Belfast HAZ.
Scene setting | Beth Gilhooly
Sexual Health Coordinator, HAZ |
| 9.50 | Bout Ye Project,
Family Planning Association | Mark Breslin, FPA |
| 10.00 | Top of the Rock Health Living Centre,
Men's Health Programmes | Top of the Rock
Healthy Living Centre |
| 10.10 | Discussion group work | |
| 10.35 | Auditing sexual health | Joe Harris |



Programme 23 March 2006 continued

10.45 – 11.00	Tea/Coffee	
11.00	Nutrition focus -current initiatives and future developments	Community Nutrition Dietetic Service (CNDS)
11.50	Group Work	
12.10	Feedback	
12.15	The smoking agenda. What's new, what's happening, moving forward	N&WBHSS Health Promotion Consortium Trish Keogh-Hodgett
12.45	Future Plans and Close	
1.00	Light lunch	



discussed

Communication strategy - consensus of priorities to establish needs of young men and delivery of service to prevent duplication. Inclusive of community groups, statutory and voluntary.

Feedback

- More secure funding
- Target specific groups e.g, gay men
- Physical and Learning Disabilities
- Young Fathers
- Travellers
- Parenthood Programmes
- More co ordinated approach to clinic provision
- More involvement of health professionals such as doctors for clinics
- Drop in clinics in local areas

What more can be done

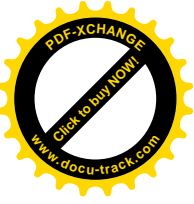
**Sexual Health
6th Sept 2005**

What is going on now

- Teenage pregnancy strategy groups
 - EHSSB Sexual health forum
 - HYPE
 - Personal development
 - Relationships
 - Young people excluded from school
 - Homelessness outreach drop in
 - Referrals Social Services
 - Youth Advice Clinic
 - Family Planning for under 25's
 - Learning Disabilities
 - GEG and young lesbian support group
 - Sexually Transmitted Diseases
 - Women's Groups e.g. WIG
- Sexual health Strategy
 - HAZ Sexual Health Strategy
 - School based programme
 - School aged mothers
 - Youth advice and Men only c
 - Yahoo drop in service
 - drop in U19 females. U25 males
 - Brook
 - Free clinics
 - ACET training support & Education
 - Sexual Health Team AIDS Awareness
 - GUM Services (RVH)
 - HIV special work team (RVH)

All are interlinked with lots of crossover

- BELB
- PBNI
- Simon community
- Brook
- NWBHSST
- Yahoo



Sexual Health

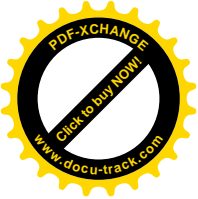
One priority action for this issue (2)

More work focusing on young men (gay men, young fathers, prisoners).

Services – parenthood.

One important issue related to the issue or process discussed

Communication strategy – consensus of priorities to establish needs of young men and delivery of service to prevent duplication. Inclusive of community groups, statutory and voluntary.



One priority action for this issue

More communication and information sharing i.e. marketing.
More communication across sectors.

One important issue related to the issue or process discussed

Getting the information out to everyone.
Funding to provide sustainability to all the important statutory groups, voluntary and public organisations.
Funding to provide marketing.

HPA to produce school tool kit for NI
Increasing funding and dietitians/nutritionists remit to include health education sessions in schools
School dietitians
Catering for healthy lifestyles to be part of school inspections
Teaching programme for food in key stage 1 & 2 (primary)
Provide teachers with a teaching pack to provide one consistent message
Linking up cancer prevention with nutrition in communities
Newsletter currently being produced by CN&DS
More awareness of projects through Wellnet etc.
Having a clear mind map to include all community organisations and partnerships in nutrition and folic acid
Share good practice through a forum
Communicating with parents not just the children
Board of Governor training
A need to promote Home Economics in secondary school
Marketing of school meals - 70%-80% of children take school meals

What more can be done?

What is going on now?

Food and Nutrition/Folic Acid 6th Sept workshop

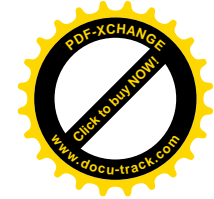
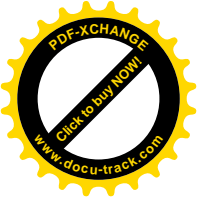
- Community nutrition and dietetic service
- Clinical work and health promotion
- Cook-it project - 3 year funding 1 WTE Dietitian and WTE community worker
- Community fruit and veg project ½ WTE Dietitian
- Weight management project ½ WTE Dietitian
- Stroke - secondary prevention scheme ½ WTE Dietitian
- Catering for healthy lifestyles
- Health promoting schools - choose move - to provide basic messages, importance of health education and exercise - provided by Belfast City Council
- Food for play
- Water in schools
- Save our smiles
- Healthy breaks
- Belfast clubs - funding unsure at the moment
- Community workers - 6 week programmes and community
- Free fresh fruit and veg project
- Nutrition training for Community Health Development Workers
- Health for life
- Folic acid - HPANI

- Local communities
- Healthy Living Centres
- Community Groups
- Education and Library Boards - school meals
- Whole school approach/SNAGS
- Health Promotion Agencies
- FSA nutrition standards
- Seafood - doing work with folic acid
- Department of Health
- Department of Education
- Charities - Action Cancer
- Health Action Zone
- Women's Information Group
- Other Trust departments i.e. Dental, Health Visiting, Health Promotion
- Health and Social Care Groups

additional partners

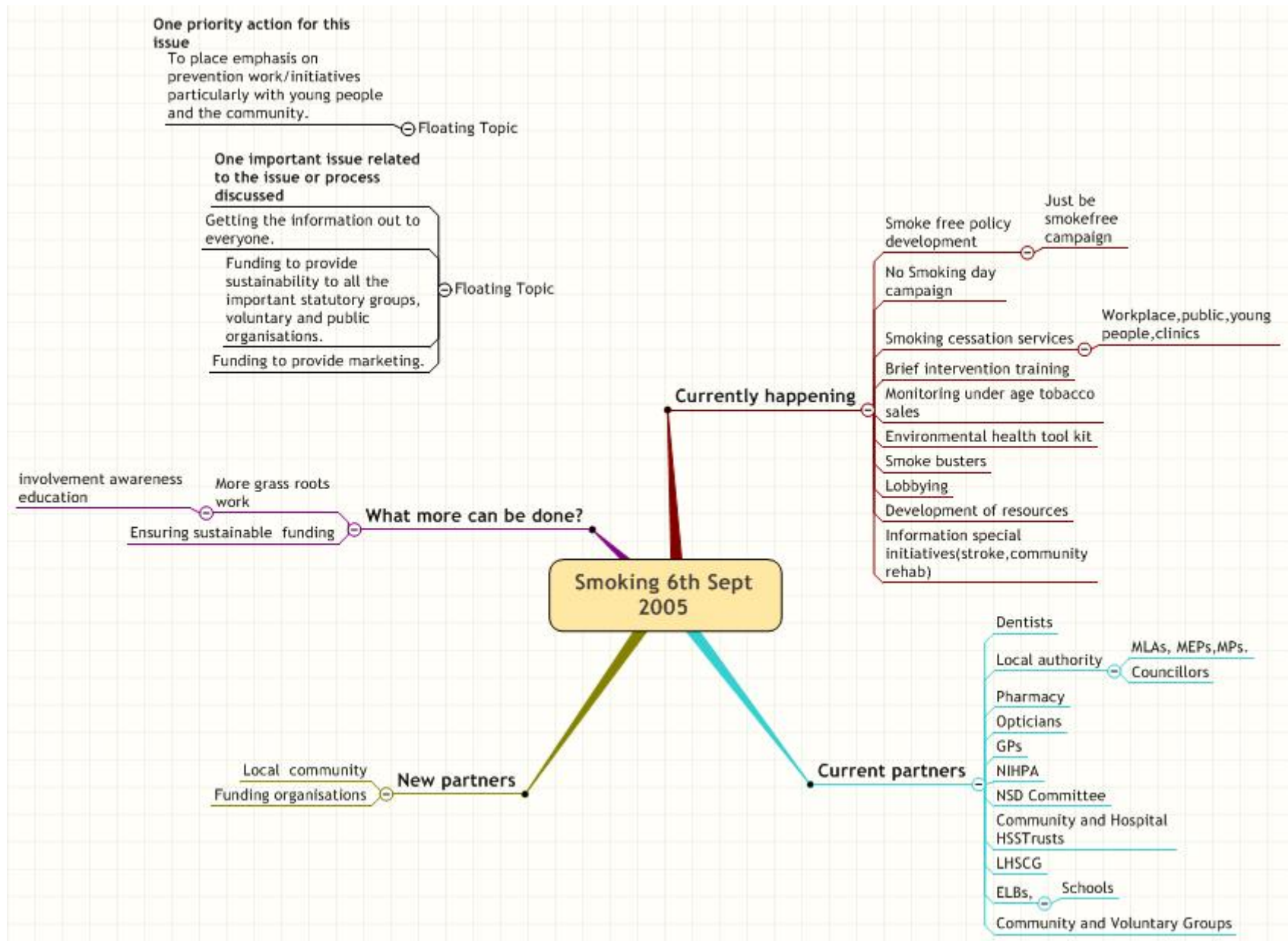
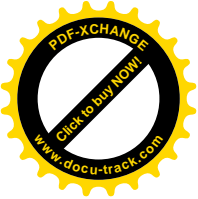
current partners

- Smaller local led community organisations
- Shop owners and suppliers i.e. fruit and veg, butchers, bakers
- Providing support for local business
- Food Standards Agency - making stronger links with them and community
- Youth clubs - working more directly with these groups
- After school projects - working more directly with these groups



One priority action for this issue

More communication and information sharing i.e. marketing.
More communication across sectors.





Healthier Choices Workshop 23rd March 2006
NICVA 9.15am – 1pm
Discussion Forum – Group Work

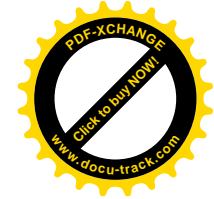
MEN'S HEALTH

1. From your working perspective what are the key issues to be addressed in promoting positive men's health? (thoughtshower) [\[A1\]](#)

2. Considering these issues, what is currently happening around them?

3. What needs to be done to ensure co-ordination across approaches, models, programmes and initiatives?

4. How can the issues be addressed to enable inclusiveness of gender, disability, etc. in programme/initiative development?



www.wellnet-ni.com

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