

Appendix K

Health Improvement Plan Workshop March 29th 2006

17 Partners attended the workshop representing the following organisations: -

- *Women's Information Group*
- *North and West Belfast Health & Social Services Trust*
- *Health Action Zone North & West Belfast*
- *Belfast City Council*
- *Ant-Poverty Network*
- *National Energy Action*
- *Ardoyne/Shankill Healthy Living Centre*
- *NI Housing Executive*
- *EHSSB*
- *North & West Belfast Health and Social Care Group*

Apologies were received from: -

- *BELB*
- *Opportunity Youth*
- *Aware Defeat Depression*
- *Sure Start*

The information from the focussed workshops held during February 2006 had been circulated to all North and West Belfast Wellnet registered organisations for comment on the priorities for work. The workshop 29th March 2006 presented the areas for development arising from the communities of interest and health improvement planning workshops.

This workshop also provided the opportunity for organisations to consider how they in their day-to-day work can support and assist with the future development of IfH investments in North and West Belfast.

The following is the collated information on how the participating organisations envisage being able to continue further support North and West Belfast IfH Investments for 04/05/06 period.

Investment: Development workers Health and Wellbeing	
Who can support?	How?
Women's Information Group	Can introduce the Development Workers to CHIW and link in their work
Ardoyne Shankill Health Partnership	Access to community groups and strengthening local networks.
EHSSB	Provide information that is held with regards to:- Statistics, Hospital Admissions including drug and alcohol, births/deaths, mortality, patient waiting times, analysis.

NEA	Information/Awareness raising training/social policy briefing/establish connectors.
N&WBHSST	Work alongside those workers to promote and develop HP. Providing Trust line management, support ensuring access to other trust resorts.
Anti Poverty Network	Voice, participation, training and education awareness raising, lobbying mechanism, strategising priorities
Health Promotion	Advise, support and collaborate on community initiatives.
BCC Eastern Area Home Accident Prevention Steering Group	Linkages to all objectives especially accident prevention, healthier choices and healthier environment

Investment: Women's Information Group	
Who can support?	How?
Ardoyne Shankill Health Partnership	Encourage young women to take part in training and running information days.
NEA	Outreach information sessions. Identifying local champions.
BCC	Provision of information.
Greater Shankill Partnership	Inclusion in health forum - access to training.
N & W Trust	Assist in the connections to local trust programmes and helping group to deliver a HP objective.
Health Promotion N&WSST	Involve groups in training programmes
BCC Eastern Area Home Accident Prevention Steering Group	Information sharing

Investment: Peer Education Programme HYPE	
Who can support?	How?
Women's Information Group	Learn More
Ardoyne Shankill Health Partnership	Through Health Living facilitate local programmes.
N&WBHSST	HP Department support
Health Promotion N&WHSST	Support HYPE - liaise with central SHEIG groups.

Investment: Black & Ethnic Minority Project	
Who can support?	How?
Women's Information Group	Learn of their needs and meet them.
Ardoyne Shankill Health Partnership	Network
N&WBHSST	Work with travellers community.

Investment: Health Inequalities Programme - Belfast Healthy Cities	
Who can support?	How?
Women's Information Group	Network and use within WIG programme
Ardoyne Shankill Health Partnership	Networking and allowing people at local level to be heard.
NEA	Identification of fuel poor for schemes.
Health Promotion N&WHSST`	Work with older people with a view to fuel poverty - keep warm - keep well
NIHE	NIHE is a partner in BHC

Investment: CDHN Development Programme	
Who can support?	How?
Ardoyne Shankill Health Partnership	Reaching local people - training programme
N&WBHSST`	Support development of community planning project, use skill base of CDHN
BCC Eastern Area Home Accident Prevention Steering Group	Information sharing/Involvement in training

Investment: IfH Indicators - Belfast Healthy Cities	
Who can support?	How?
Women's Information Group	Network and learn of their work and pass it to CHGW
Ardoyle Shankill Health Partnership	Networking, focus groups and workshops
BCC	Availability and access to good quality open space could be an indicator.
Greater Shankill Partnership	Have fed into indicators through training programme.
N&W Trust	Use to direct information

Investment: Tools for Participation	
Who can support?	How?
Women's Information Group	Learn more for WIG participants
Ardoyne Shankill Health Partnership	Sharing with Community/Voluntary Groups
Greater Shankill Partnership	Introduce to Greater Shankill area

Investment: Healthy Older Peoples Consortium	
Who can support?	How?
Women's Information Group	Information day arranged and follow up with interested individuals.
Ardoyne Shankill Health Partnership	Network/sharing. Facilitate focus groups
N&WHSST Community Development	Contribution to development.
North & West Belfast HSST	Contribute to information flow to this group and support activities.
Health Promotion N&WHSST	Involved in training for older people

	safety in the home and keep warm keep well initiative.
BCC Eastern area home accident prevention steering group	Information sharing, advice and support.
Investment: Wellnet Development	
Who can support?	How?
Women's Information Group	WIG will work in partnership to obtain the aims and objectives.
Ardoyne Shankill Health Partnership	Share information. Lobby for more funding.
BCC	Profiles and input.
Greater Shankill Partnership	Register local groups
N&WBHSST	Promote use and registration.
Health Promotion N&WHSST	Involved in several groups who have developed memorandums of understanding.
BCC Eastern Area Home Accident Prevention Steering Group	Health Development Unit - Information sharing.

Investment: Communities of Interest:	
<ol style="list-style-type: none"> 1. <i>Poverty and Inequalities</i> 2. <i>Full Potential</i> 3. <i>Mental Health Emotional Well-being</i> 4. <i>Healthy Environments</i> 5. <i>Wider Environments</i> 6. <i>Accident Prevention</i> 7. <i>Healthier Choices</i> 	
Who can support?	How?
Women's Information Group	WIG and CHIW covers all these topics and we would appreciate help from other agencies through information.
Ardoyne Shankill Health Partnership	<p>Making contact with other groups</p> <p>Focus groups</p> <p>Training programmes with qualifications</p> <p>RCN Mental Health programme</p> <p>Alternative & Complementary therapies</p> <p>Meditation and stress management</p> <p>Beauty therapy</p> <p>Drama</p> <p>Arts</p> <p>Peer education</p> <p>Active citizenship</p> <p>Parenting programme</p> <p>Assist training</p> <p>Sign posting</p> <p>Cook-It</p> <p>Gym programme</p> <p>Armchair Aerobics</p> <p>Raise awareness</p>
BCC	Provide support information on national

	environment and benefits.
N&WBHSST	Capacity building within local communities - offer training etc. WBPB work link to HE DOE etc. Action with community groups re housing Facilitate training Support and develop activities through all these areas.
Health Promotion N&WHSST	Department involved with Assist training - suicide prevention strategies Participation in fuel poverty initiatives - liaison/support group Training/communities initiatives Advice/training
BCC Eastern Area Home Accident Prevention Steering Group	Information sharing, advice and support

HIP Workshop 29th March 2006

In light of information from the focussed workshop participants were asked "What are the main actions that need to be taken or can be taken to begin to address the IfH objectives locally".

Keys

*Currently done **

What can do in future =

Poverty

- * More networking and support from the health and social services trusts (voluntary organisations)
- = Outreach to existing partners of interest to raise awareness on links between health, poverty and self esteem (voluntary organisations)
- = Link in on fuel poverty issues and make the connections to wider poverty issues. (HSST)
- = Willing to make community connections etc. (HSST)
- = Provide support to current research. (HSST)
- = Provide information at locality level re: Benefit uptake and poverty reduction initiatives. (Housing)

Full Potential

- * Current issues of the Anti Poverty News focuses on income.
- * The next issue of the Anti Poverty News to be focused on Health.
- * Assist community and voluntary organisations to develop capacity and source funding opportunities. (HSST)
- * Currently leading 4 community groups in the area to deal with community development issues. (Housing)
- * Provide accredited education and awareness programmes. (ASHP)
- = Make connections with existing community groups and representatives, people's forums to encourage the organisations and groups to work

together in meeting the local needs to enable individuals to reach their full potential. (Voluntary organisations)

Mental Health and Emotional Wellbeing

- * HSST have a big involvement with Mental Health Promotion and Mental Health issues.
- * HSST Health Promotion has significant input to mental health promotion interventions.
- * Aduyne Shankill Health Partnership offers a wealth of programmes at local level.

Wider Environments and Housing (Fuel Poverty, Homelessness, Workplace)

- * Continue to liaise with private rented sector re: conditions, asbo's etc., (Housing)
- * Continue to work to support fuel poverty issues: -
 - *relating to health*
 - *support research*
 - *raise awareness*
 - *run keep warm keep well (HSST)*
 -
- * Sharing of best practice in rolling out project work to target specific groups e.g. Northern Exposure. (NEA)

Wider Environments and Housing (Fuel Poverty, Homelessness, Workplace) continued **Keys**

*Currently done **

What can do in future =

Ensuring links to Health and Fuel Poverty are encompassed in work affecting health and wellbeing. (NEA)

- * Campaigning and lobbying role ensuring social policy issues are picked up and fed into policies in government. (NEA)
- * Training and awareness raising in relation to fuel poverty.
- = Network with other organisations re: these issues. (Voluntary organisations)
- = Facilitate focus groups on fuel poverty. (ASHP)

Healthy Environments and Neighbourhoods.

- =* Health promotion Open space - promote use of open and green space in physical activity initiatives e.g. walking leaders, green gym etc. (HSST). Involved in Willows for Shade initiative - this could have wider environmental impact which we could support etc. (HSST)
- =* Open space benefits - Input and advice. (BCC)

- = Provide stronger links with other groups. (ASHP)
- = Work more closely with N/W Trust - Get them into local communities. (ASHP)
- = Support the evidence base in terms of information/statistics. (Housing)

Accident Prevention.

- * Organise courses/training to meet need
 - *Raise awareness*
 - *Liaise advise (HSST)*
- * Co-ordinate activity/training in relation to accidents, currently very involved with BCC. (HSST)
- * Information support. (EHSST)
- * Training Programme Health Information Days:
 - *Raising awareness*
 - *Focus Groups (ASHP)*
- = Information days on what others provide. (Voluntary organisations)

Healthier Choices.

- * Information statistical support. (EHSSB)
- * Support the various elements within this objective through the department's health development work. (HSST)
- * Assist in the implementation of Fit Futures. (HSST)
- * Provide a range of programmes which support this objective e.g. Cook It, walking groups, alternative therapies, educational programme, smoking cessation, work with local community and schools.
- =* Link local community groups to community of interest. (GSP)
 - = Develop the links between the objective and the Supporting People programme. (Housing)
- = Strengthening links between organisations - creating power. (Voluntary organisations)
- = Establish links with new agencies whose work is of relevance to my area. (GSP)

- = Training programmes with accredited qualifications. (ASHP)