

Southern Area Health Promotion Department TRAINING PROSPECTUS 2007/08



Developing Resilience Work with Young People

Date: 1st and 2nd October 2007
Facilitators: Senior Health Promotion Staff, SAHPD
Course Fee: £50.00 per person for the two days including lunch & refreshments

Bounce is a new and innovative resource that promotes and supports the development of resilience in Young People.

This two day course is designed to enable participants to gain the practical skills, knowledge, awareness and confidence to deliver **Bounce Training** to a wide range of organisations, groups and colleagues.

Issues covered include:

- Communication Competence
- Avoiding Negative Outcomes
- Developing Self-Esteem
- Relationships and Sexual Health
- Developing Resilience
- Drugs and Alcohol Misuse

This course will be of particular interest to:

- Teachers and College Tutors
- Youth and Community Workers
- Social Workers
- School Nurses and Practice Nurses
- Others involved in the training of professionals who work with Young People.

Bounce manuals will be provided, free of charge, to those delivering training within the SHSCT. A fee of £5.00 each will be charged for manuals for those working outside the SHSCT area.

Please cut along this line

BOOKING FORM

The **Bounce** (Resilience and Young People) **'Training for Trainers'** will take place on:

Date: 1st and 2nd October '07

Venue: Ballybot House,
Cornmarket, Newry

Time: 9.30am - 4.30pm

Fee: £50.00 (payment to Southern Area Health
Promotion Dept.)

Name: _____

Address: _____

Tel: _____

Email: _____

Occupation: _____

Special Dietary Requirements: _____

Please complete and return this form to the Training Support Officer, SAHPD, Healthcare Directorate Dept., Admin Building, St. Luke's Hospital, Loughgall Road, Armagh BT61 7NQ